



Integral University, Lucknow

Effective from Session: 2023-2024							
Course Code	CP503	Title of the Course	Gerontology: Exploring the Dynamics of Aging	L	T	P	C
Year	II	Semester	III	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	This paper will help the students to understand the history and theoretical aspects of gerontology and different aspects of old age.						

Course Outcomes	
CO1	.Understanding the basics of Gerontology.
CO2	To help students learn different theoretical concept of Gerontology.
CO3	Understand the community and old age situations.
CO4	Student will able to know mental health and wellbeing of old age.
CO5	Understand the issues related to Retirement.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction	A demographic profile of the aged; history of Gerontology; growth of gerontology – current status of research in gerontology – future of gerontology.	8	CO1
2	The Scientific study of the aged	Scientific study of the age; life periods: theories in gerontology; Personality theory role theory Phenomenological theory.	8	CO2
3	Sexuality in old age	Developmental Psychology: Motor performance; Mental functioning: Psychological reactions to aging. Environment: Home and Community; Definition of environment; environment of the aged; Age segregation and age integration	10	CO3
4	Psychology of aged	Developmental Psychology: Motor performance; Mental functioning: Psychological reactions to aging. Environment: Home and Community; Definition of environment; environment of the aged; Age segregation and age integration.	10	CO4
5	Retirement and leisure	Definition of retirement: Impact of retirement: Public facilities as source of Leisure. Education; Educational attainment of the aged; influence of educational attainment on the aged.	9	CO5

Reference Books:	
Richard C.Grandall : Gerontology:A Behavioural Science Approach, Reading	
Braverley E.Virginia (1975). “Shenanigans and skullduggery in the marketplace” geriatrics 30(9): 137 -150.	
Harris,Chales S 1978.Fact Book on aging A profile of American’s Older population,Washington,D.C.National Council on the Aging.	
e-Learning Source:	
Egyankosh	
EPathshala	

Course Articulation Matrix: (Mapping of COs with POs and PSOs)												
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
	CO1	2	1	3	3	1	1	3	1	2	1	2
CO2	3	2	2	1	2	3	2	3	3	2	1	1
CO3	2	1	1	2	1	2	1	2	1	2	3	3
CO4	3	2	2	2	3	3	2	1	2	1	2	2
CO5	1	2	2	2	2	1	3	3	1	3	1	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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